

# Birkhead Mountains Wilderness Area Trips

Trip	Use	Length (miles)	Elevation Gain/ Loss	Difficulty Rating	Page
BMWA Trip A	H	9.83	1605' / 1605'	Difficult	232
BMWA Trip B	H	9.64	1595' / 1595'	Difficult	234
BMWA Trip C	H	12.22	2050' / 2050'	Difficult+	236
BMWA Trip D	H	6.86	1140' / 1140'	Difficult	238
BMWA Trip E	H	9.44	1595' / 1595'	Difficult	240
BMWA Trip F	H	12.27	2130' / 2130'	Difficult+	242
BMWA Trip G	H	6.91	1120' / 1120'	Difficult	244

## Author's Choice

For dayhikers, I recommend Trip D. This trip gives you a chance to hike along a stream and a mountain ridgetop. The route is a little under 7 miles long, so make sure you can handle the distance and take along some food and drink.

For backpackers, I recommend Trip C. At more than 12 miles in length, this route gives you decent mileage but leaves times to enjoy the scenery. Options for established campsites can be found anywhere from 4 to 7 miles from the start. Along the way you can enjoy hiking beside babbling branches and ascending to the top of Birkhead Mountain.

**Birkhead Trip A**

<b>Map</b>	page 232	<b>Difficulty</b>	Difficult
<b>Length</b>	9.83 miles	<b>Configuration</b>	Lollipop
<b>Trailhead</b>	Thornburg	<b>Elev Gain/Loss</b>	1605' / 1605'
<b>Start Coordinates</b>	N35.61997, W79.94499; 17 S 595541 3942312		

**Birkhead Trip B**

<b>Map</b>	page 234	<b>Difficulty</b>	Difficult
<b>Length</b>	9.64 miles	<b>Configuration</b>	Lollipop
<b>Trailhead</b>	Thornburg	<b>Elev Gain/Loss</b>	1595' / 1595'
<b>Start Coordinates</b>	N35.61997, W79.94499; 17 S 595541 3942312		

**Birkhead Trip C**

<b>Map</b>	page 236	<b>Difficulty</b>	Difficult+
<b>Length</b>	12.22 miles	<b>Configuration</b>	Lollipop
<b>Trailhead</b>	Thornburg	<b>Elev Gain/Loss</b>	2050' / 2050'
<b>Start Coordinates</b>	N35.61997, W79.94499; 17 S 595541 3942312		

**Birkhead Trip D**

<b>Map</b>	page 238	<b>Difficulty</b>	Difficult
<b>Length</b>	6.86 miles	<b>Configuration</b>	Lollipop
<b>Trailhead</b>	Robbins Branch	<b>Elev Gain/Loss</b>	1140' / 1140'
<b>Start Coordinates</b>	N35.59014, W79.94873; 17 S 595238 3939000		

**Birkhead Trip E**

<b>Map</b>	page 240	<b>Difficulty</b>	Difficult
<b>Length</b>	9.44 miles	<b>Configuration</b>	Lollipop
<b>Trailhead</b>	Robbins Branch	<b>Elev Gain/Loss</b>	1595' / 1595'
<b>Start Coordinates</b>	N35.59014, W79.94873; 17 S 595238 3939000		

**Birkhead Trip F**

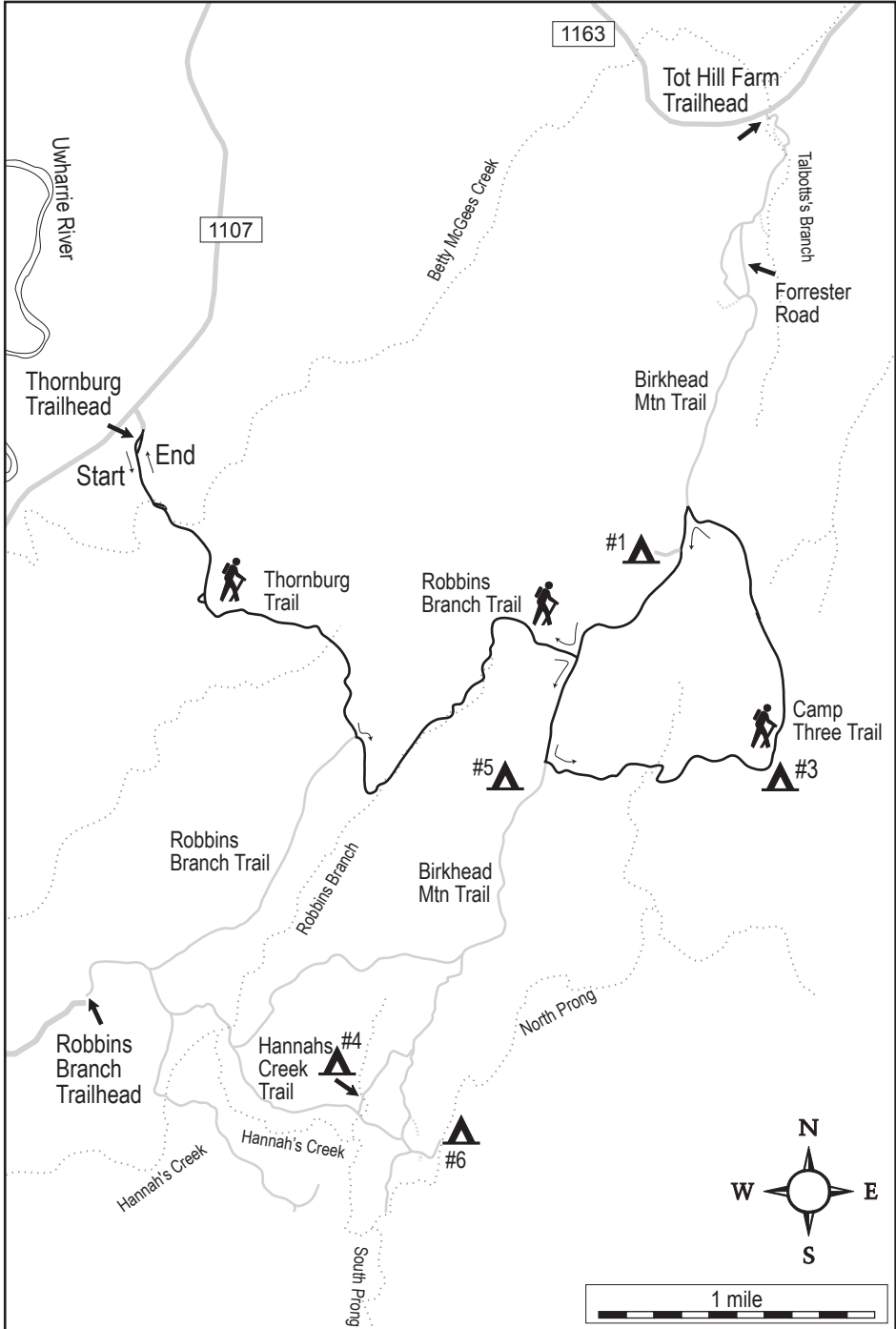
<b>Map</b>	page 242	<b>Difficulty</b>	Difficult+
<b>Length</b>	12.27 miles	<b>Configuration</b>	Lollipop
<b>Trailhead</b>	Tot Hill Farm	<b>Elev Gain/Loss</b>	2130' / 2130'
<b>Start Coordinates</b>	N35.63636, W79.90460; 17 S 599179 3944169		

**Birkhead Trip G**

<b>Map</b>	page 244	<b>Difficulty</b>	Difficult
<b>Length</b>	6.91 miles	<b>Configuration</b>	Lollipop
<b>Trailhead</b>	Tot Hill Farm	<b>Elev Gain/Loss</b>	1120' / 1120'
<b>Start Coordinates</b>	N35.63636, W79.90460; 17 S 599179 3944169		

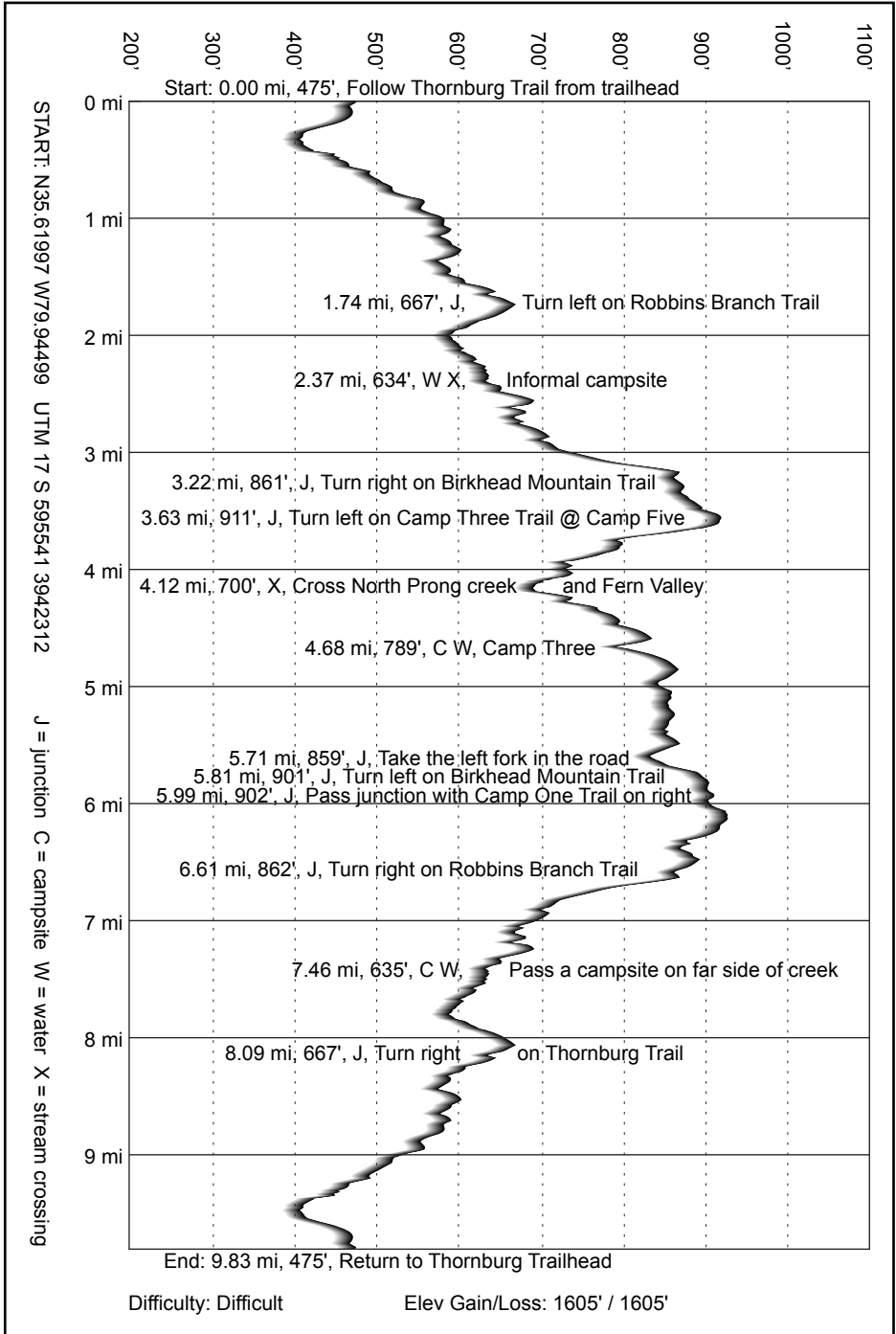


# BMWA Trip A



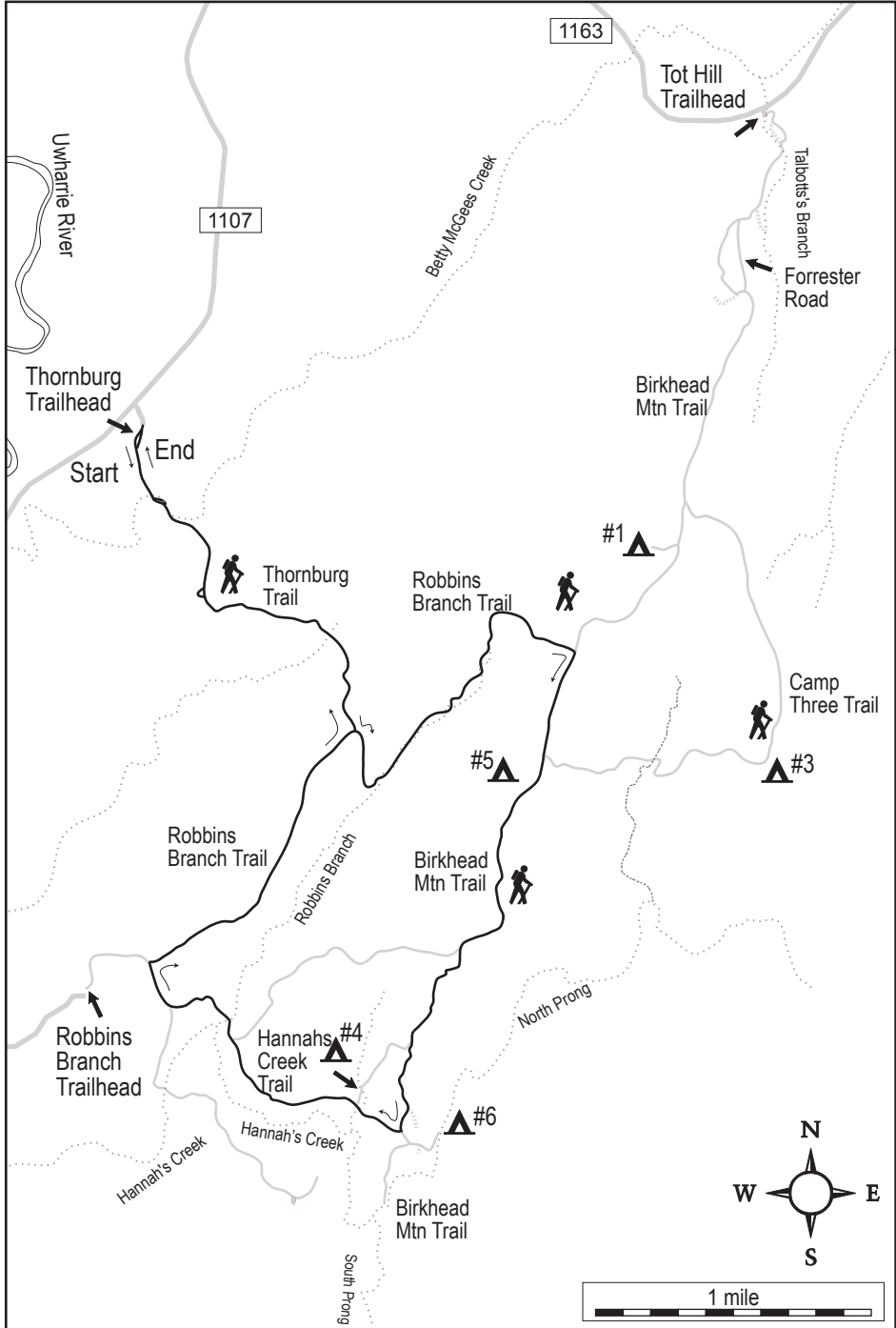


Elevation Profile: Birkhead Trip A



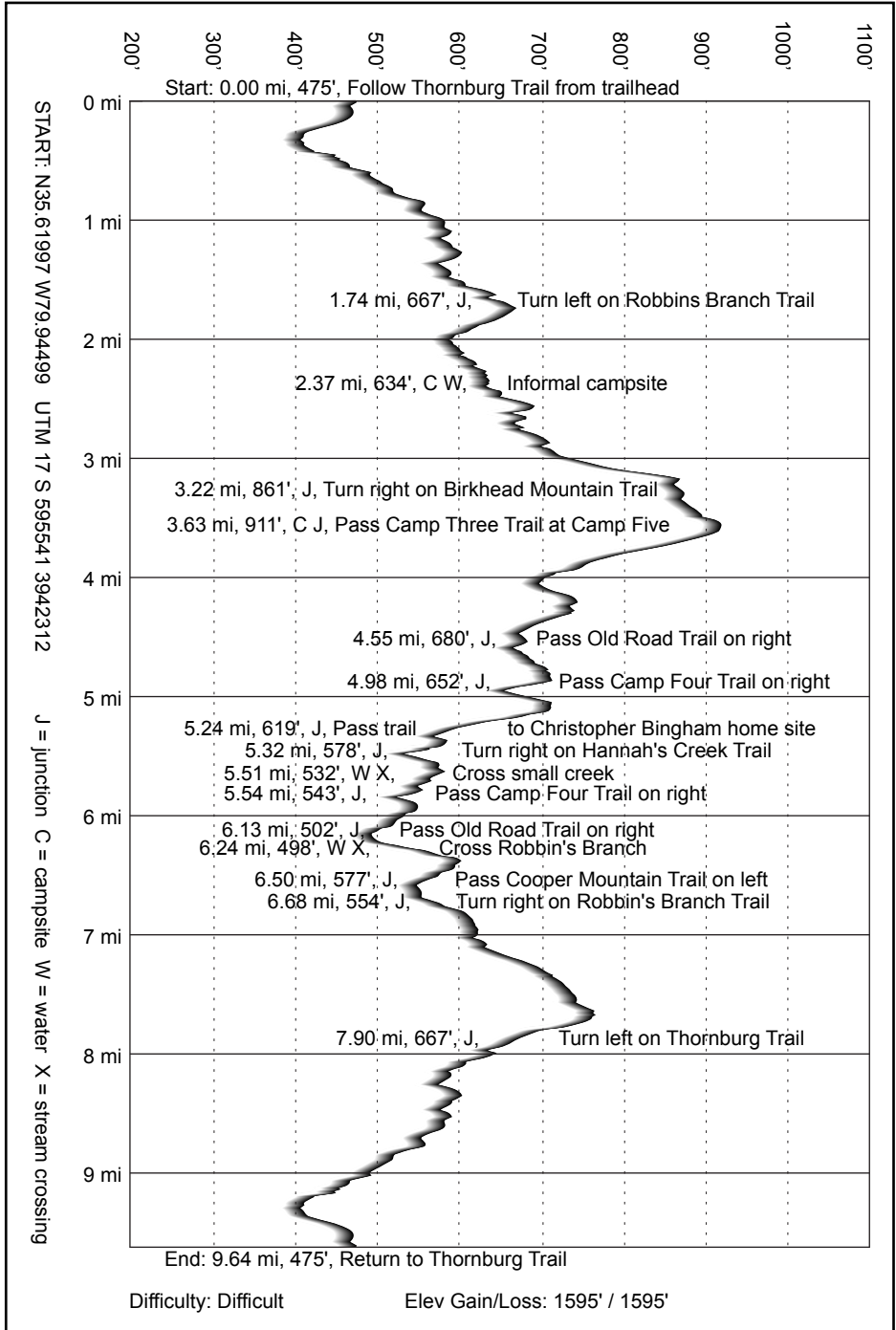


# BMWA Trip B



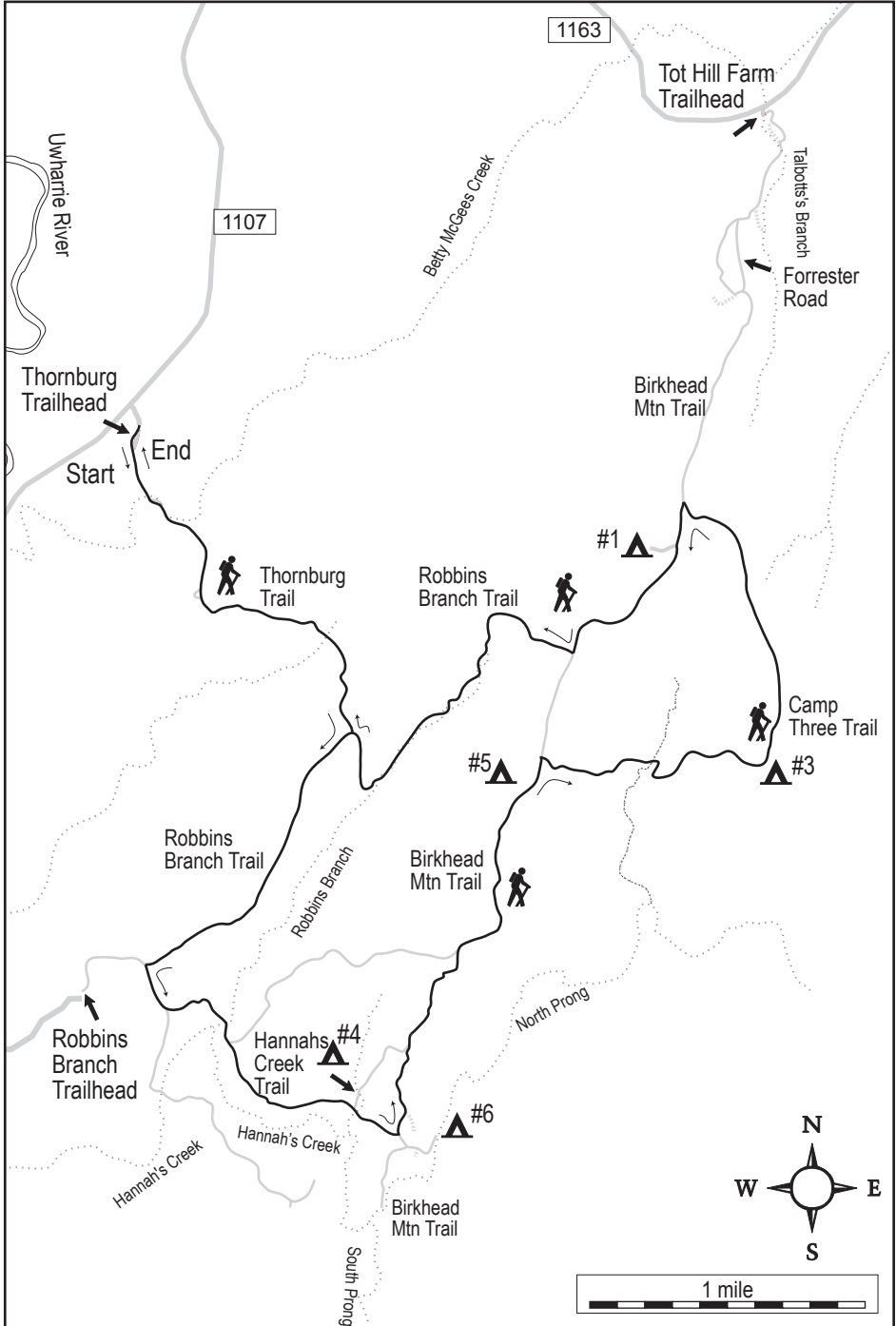


Elevation Profile: Birkhead Trip B





# BMWA Trip C





Elevation Profile: Birkhead Trip C

